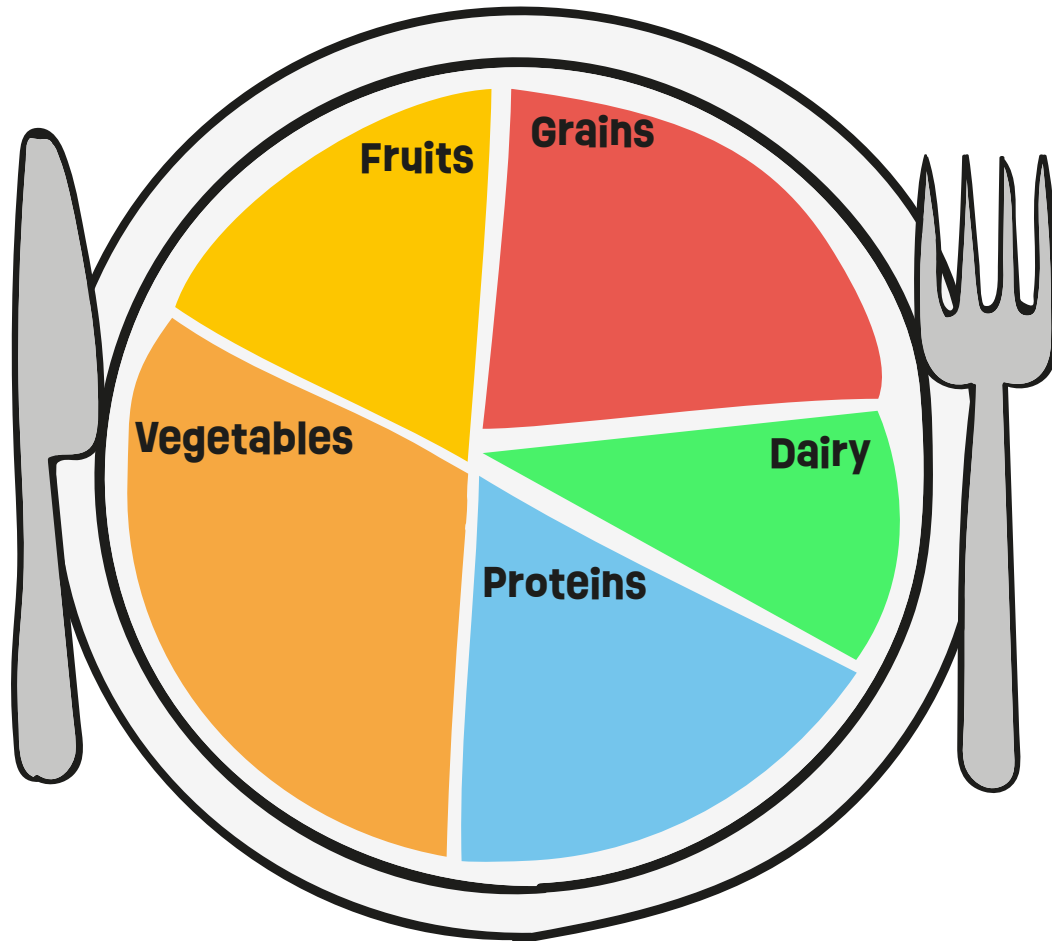


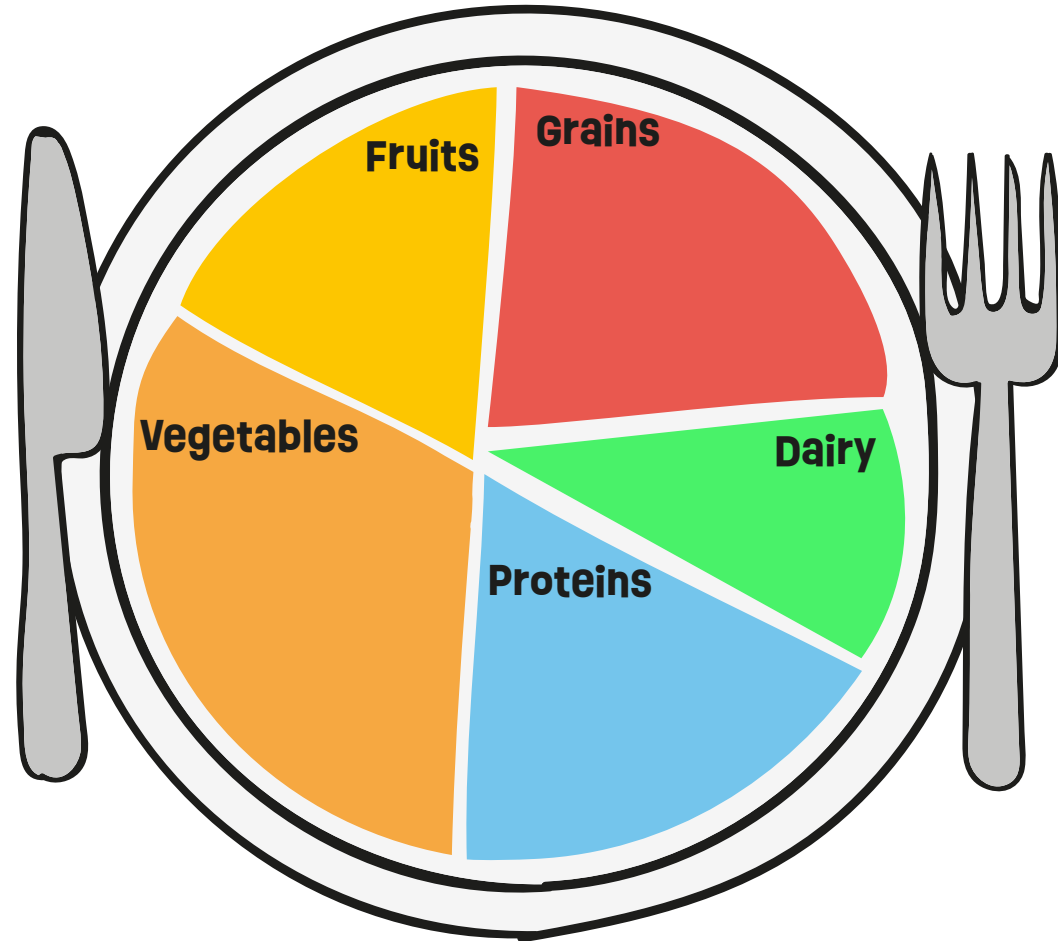
What Should Be on My Plate?

So, you're a nutritionist planning meals for different people. Cut all the food items out and arrange them on the right food group according to each person's need.

I'm an athlete trying to build more muscles



I'm a kid, I need food that helps me grow up



I'm vegan, and I don't eat any animal products.

